

## Race Notice #2: eLoad XC Ottawa Invitational

Sunday, January 7<sup>th</sup>, Nakkertok South

Come join us for our third annual XC Ottawa Invitational! These were formerly known as the XC Ottawa Time Trials, but have grown in popularity and now deserve race status.

This year's edition will be a **skate mass start format**.

Everyone is welcome – this is your chance to test your skills against the best in Ottawa. This is an informal-type event that is usually a lot of fun, with a bit of serious racing thrown in.



### Race details . . .

**Type:** Skate, Mass Start by Category. This IS an **NCD points race**.

**Location:** Nakkertok Nordic Centre (Nakkertok South) (directions and maps at <http://www.nakkertok.ca/en/roadmap.htm>)

**Start time:** **9:00 am**, will start with the youngest categories. There are Jackrabbit lessons beginning at 12:00 on the 7<sup>th</sup>, so we absolutely must have our racing wrapped up by 11:30. Waves will start by category; all 10k women and all 15k men will start together.

**Pre-Race Day Registration:** On-Line Registration will be available after December 26<sup>th</sup> at [www.xcottawa.ca](http://www.xcottawa.ca). Payment and waiver signing will still happen race-day morning, but please try and register on-line in advance to make our lives easier (and more organized than last year).

**Race Day Registration, payment, and waiver signage:** Registration will open at 7:30 and close at 8:30; those pre-registered still need to sign the waiver and pay entry fee at the race-site.

**Entry fee:** **\$5** per person **before race-day**, **\$10 per person at the site** (proceeds to Nakkertok Nordic Centre). You WILL be asked to sign a waiver at the registration. This race is open to everyone who wants to participate.

**Prizes:** Yes, from our sponsors, including **eLoad** sport drink and **eMend** recovery drink.

### Distances:

Category	Year of birth	Distance
Atom (Mighty-Mite) Boys and Girls	1997-98 and younger	1k
Pee-Wee (Mini-Midget) Boys and Girls	1995-96	2.5k
Midget Boys and Girls	1993-94	2.5k
Juvenile Boys and Girls	1991-92	3.5k
Junior Boys and Girls	1989-1990	5k
Junior Men and up	1987-1988 and older	15k
Junior Women and up	1987-1988 and older	10k